

*Do you need a short break from caring for a loved one?*

*We can help...*

## **CAREGIVERS RESPITE PROGRAM**



*A Program of the Livingston County Office For The Aging*

### **Our Mission:**

**To assist the caregiver by providing a “short break” from caregiving with quality, in-home, non-medical, respite services.**



## How to apply for services:

- **Call the Livingston County Office For The Aging at 243-7520 and reference the Caregivers Respite Program.**
- **A brief telephone interview will be conducted to explain the program, gather preliminary information and determine initial eligibility.**
- **A home visit will be conducted to gather information that will assist the caseworker in finding the best “match” between your loved one (the care receiver) and the respite worker.**

## You may be eligible if:

- **You are a resident of Livingston County.**
- **You are a caregiver caring for a loved one in your home.**
- **You or the one you are caring for is age 60 or over.**  
and
- **You are ineligible to receive the same or similar services under another public program.**

## Cost:

**Respite services are made available by funding provided under the Older Americans Act Title III E National Caregiver Grant.**

**Caregivers will be informed of the suggested contribution. A monthly statement will be sent to advise caregivers of the amount of respite services received.**

**No one is denied service because of an inability to contribute.**



*Taking care of others...*  
*Taking care of yourself*

## **We can also help caregivers with:**

- **Information and Referral**  
Information about the various services available for elders in Livingston and surrounding counties. Also information on educational workshops and support groups for those caring for an aging loved one.
- **Resource library**  
Books and resources on elder care provided by the Livingston County Office for the Aging are available to borrow at your local library.
- **Websites**
- **Registration for the Alzheimer's Association Safe Return Program**

*To learn more about these and other services please call the Livingston County Office for the Aging and ask to speak to a caseworker.*

### ***For More Information***

#### ***Contact:***

**Livingston County Office  
For The Aging  
8 Murray Hill Drive  
Mount Morris, N.Y. 14510  
Phone: (585) 243-7520  
Fax: (585) 243-7516**

#### **Or Call Toll Free:**

**Geneseo/Mt. Morris: 243-7520  
Avon/Caledonia: 226-6380  
Dansville/Springwater: 335-2190  
Nunda/Dalton: 468-5165  
Livonia/Conesus 346-6210**

**Our e-mail address: [ofa@co.livingston.ny.us](mailto:ofa@co.livingston.ny.us)**